

FOR IMMEDIATE RELEASE:

## Operation: This IS You! Warship Day Sail - FREE Event for Women & Girls Royal Canadian Navy partners with Achieve Anything Foundation for Adventure at Sea



Vancouver, BC – March 4, 2020 – The Achieve Anything Foundation has opened applications for an exciting new Operation: This IS You! hands-on experience event aboard a Royal Canadian Navy warship. The ship departs out of Vancouver, B.C., Saturday April 04. [www.achieveanything.ca](http://www.achieveanything.ca)

Participants will get a rare, first-hand look into Navy warship operations, hands-on! Activities include exploring ship duty stations, crew quarters and operational equipment; RCAF joint search and rescue demonstration, firefighting simulations, and demonstration of the warship's impressive

manoeuvring capabilities. Lunch will be provided, and the event is completely free. Applications are open to women & girls age 12+.

The event is by invitation only and applications must be made in advance on the Foundation's website. Those selected must further complete the RSVP process by the specified deadlines in order to be admitted to the event. While there is no maximum age for women to apply, all applicants should self-assess they are sufficiently agile to board and move about the ship unassisted.



"On behalf of Maritime Forces Pacific and the Royal Canadian Navy, it is an honour and privilege to support organizations like the Achieve Anything Foundation - organizations that are pushing to enhance the role of women in high-tech fields." Says Rear Admiral Bob Auchterlonie, Commander Maritime Forces Pacific. "Advancing the role of women, inclusiveness, and diversity has a positive impact on operational effectiveness and is absolutely critical to the success of our Navy. We are 'ready, aye ready' to show Operation: This IS You! participants what opportunities await them in the Fleet." The Navy, founded in 1910, was renamed Royal Canadian Navy in 1911. The Royal Canadian Navy is the senior service of the three environmental commands (sea, air, land) within the unified Canadian Armed Forces.

The Achieve Anything Foundation is a federally incorporated not-for-profit with a mission to inspire female future leaders from shop floor to top floor in high-tech STEM fields, where women are drastically under-represented. The Foundation offers incredible, hands-on experience events in the native environments of agency and industry partners under a program called **Operation: This IS You!** Foundation events, projects and programs are always free to participants to prevent barriers to participation. The Foundation also spearheads the signature annual **The Sky's No Limit – Girls Fly Too!** event which is the world's largest gender diversity outreach event of its kind in Aviation, Aerospace, Marine and Defence. This completely free international event is open to everyone regardless of age, gender or citizenship. It's held annually in early October in honour of International Day of the Girl, a Canadian-driven UN Observance.